



When you're ready!

When you're ready to talk about your alcohol and other drug use, or you're concerned about someone else, CADS is here to help.

call 0800 845 1818
www.cads.org.nz

Te Whatu Ora
Health New Zealand

Community Alcohol & Drug Services (CADS)

When you're ready to talk about your alcohol and other drug use or you're concerned about someone else CADS is here to help

At CADS we can help you to make changes by offering discreet free support, information, groups, counselling and other treatment services.

Maori, Pacific, Asian and Rainbow services are available. We provide specialist services for youth, for people requiring detox, for people dependent on opioids, and for people with mental health and addiction issues.

We encourage people concerned about someone else to come to CADS for their own support.

We support you to make the changes you want to make.

**To access CADS phone 0800 845 1818 or visit our walk-in clinic
10am-1pm Mon-Fri at**

- CADS Central Level 1, 400 New North Road Kingsland
- CADS West Level 1, 1 Trading Place Henderson
- CADS North 44 Taharoto Road Takapuna
- CADS South 7 Ronwood Ave Manukau

We also provide clinics in community locations from Wellsford to Mercer.

This is a free service