

# Auckland Opioid Treatment Service (AOTS)

Supporting people in their  
recovery



When you're ready!  
call 845 1818  
[www.cads.org.nz](http://www.cads.org.nz)

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Through medication and support  
people can reduce harms  
and achieve stability in their lives

Auckland Opioid Treatment Service (AOTS) provides support and medications (methadone or suboxone®) to people dependent on opioids

Ongoing individualised treatment or short-term reduction plans are available depending on their needs

Opioid substitution treatment (OST) is well documented as a very effective treatment

The stability the treatment offers gives people the time they need to begin their recovery.

**Open Mon - Fri 9am - 5pm @**

- CADS North (Takapuna)
- CADS West (Henderson)
- CADS South (Manukau)
- Pitman House (Pt Chevalier)
- 

**All can be accessed by phoning  
(09) 845 1818**

**Or you can attend a walk-in clinic at any  
CADS unit 10am-1pm Mon-Fri**

For more information phone 845 1818  
Ask to speak with the AOTS nurse or  
go to [www.cads.org.nz](http://www.cads.org.nz)

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