



When you're ready!

call 845 1818

[www.cads.org.nz](http://www.cads.org.nz)



## CADS Medical Detoxification Services

**Supporting people at home, in the community or in an inpatient unit**

The CADS Medical Detoxification Service is for people who have a physical dependence on alcohol or other drugs (e.g. opiates, methamphetamines, benzodiazepines).

Physical dependence is when people:

- Need to increase how much they take to get the same effect
- Experience physical and psychological withdrawal symptoms if they stop drinking or using drugs

Medical Detox Services can help minimise the withdrawal symptoms and provide support for people who want to stop or reduce the amount of alcohol and other drugs they are taking.

Our Community & Home Detox team (CHDS) can help you at home, or visit you in the community and we have a specialist inpatient unit for people who need a safe place to stop drinking alcohol or using other drugs.

If you would like to know whether detox might be an appropriate option for you or you have questions about the detox process, you can call our Detox Services on 815 5830 ext 45028 or visit a CADS walk-in clinic Mon-Fri 10am – 1pm at

- ☑ CADS South – Manukau
- ☑ CADS Central – Kingsland
- ☑ CADS North – Takapuna
- ☑ CADS West - Henderson

**Please note: the walk-in Detox clinic at Pitman House is currently closed.**

This is a free service.