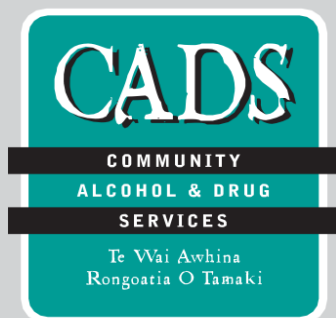


# Medically Managed Withdrawal Services



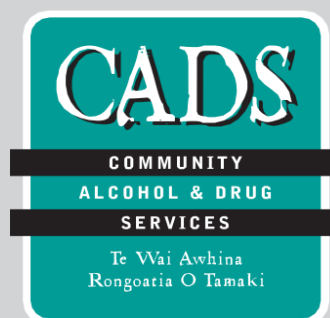
**When  
you're ready!**

**call 0800 845 1818**

**[www.cads.org.nz](http://www.cads.org.nz)**

**Te Whatu Ora**  
Health New Zealand

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### CADS Medically Managed Withdrawal Services

are for people with a physical dependence on alcohol or other drugs (e.g. opiates, benzodiazepines, methamphetamine) who require medical support to withdraw (detox) or to reduce their use or to stabilise on medications.

Physical dependence is when people:

- Need to increase how much they take to get the same effect
- Experience physical and psychological withdrawal symptoms when they stop drinking or using drugs

CADS provide medically managed withdrawal support through two services:

- The Community and Home Detox Service (CHDS) team can support you at home or in the community
- The in-patient unit is for people needing 24 hour medical supervision

If you would like to know whether our services might be appropriate for you or someone you care about phone us on

**0800 845 1818**

or make an appointment at your nearest CADS unit Mon-Fri 9am – 5pm

CADS South – Manukau  
CADS Central – Kingsland  
CADS North – Takapuna  
CADS West - Henderson

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