



**When
you're ready!**

call 0800 845 1818

www.cads.org.nz



CADS Auckland Opioid Treatment Service (AOTS)

**Through medication and support people can reduce harm
and achieve stability in their lives**

CADS Auckland Opioid Treatment Service (AOTS) provides support and medications (methadone or suboxone®) to people dependent on opioids.

Ongoing individualised treatment or short term reduction plans are available depending on your needs.

Opioid substitution treatment (OST) is well documented as a very effective treatment which offers stability and gives people time to change their lifestyle and begin their recovery.

Open Monday – Friday 9.00am – 5.00pm @

- CADS North (Takapuna)
- CADS South (Manukau)
- CADS West (Henderson)
- Pitman House (Pt Chevalier)

All can be accessed by phoning (09) 845 1818 or you can attend a CADS walk-in clinic 10.00am – 1.00pm Monday - Friday

If you have questions about opioid treatment phone 815-5841 and ask to speak with the AOTS nurse or send a message via the website www.cads.org.nz

This is a free service.