



**When  
you're ready!**

**call 0800 845 1818**

**[www.cads.org.nz](http://www.cads.org.nz)**



## CADS Asian focus

CADS offer you a range of services

- Information about alcohol and/or drugs
- Individual and family counselling
- Referral to other health professionals
- Some staff are fluent in some of the main Asian languages
- Access to free interpreters covering more than 20 languages



**Hours Mon – Fri 9am-4.30pm**

**CADS Central**

**1st Floor 409 New North Rd Kingsland**

**Phone 0800 845 1818 (English)**

**or 09 442 3232 (Language line Chinese, Korean only)**

You can be referred to CADS by a health professional  
or you can phone us to talk about what we can do for you

This is a free service facilitated by professional alcohol and drug counsellors