



## When you're ready!

When you're ready to talk about your alcohol and other drug use, or you're concerned about someone else, CADS is here to help.

**call 0800 845 1818**  
**[www.cads.org.nz](http://www.cads.org.nz)**



# CADS Medically Managed Withdrawal Services

**Supporting people at home, in the community or in an inpatient unit**

CADS Medically Managed Withdrawal Services (MMWS) are for people who are physically dependent on alcohol and other drugs (e.g. benzodiazepines, methamphetamines, opiates) who require medical support to withdraw (detox) or to reduce their use or to stabilise on medications.

Physical dependence is when people:

- Need to increase how much they take to get the same effect
- Experience physical and psychological withdrawal symptoms if they stop drinking or using drugs

CADS provide medically managed withdrawal support through two services:

- CHDS/Community and Home Detox Service supporting people at home or in the community
- In-patient unit for people who need 24 hour medical oversight

If you would like to know whether MMWS might be an appropriate option for you or you have questions about the withdrawal or stabilisation process, you can call MMWS on 09 815 5830 ext 42144 or:

- Phone CADS on 0800 845 1818
- Visit a CADS walk-in clinic Mon-Fri 10am – 1pm at

CADS South – Manukau

CADS Central – Kingsland

CADS North – Takapuna

CADS West - Henderson

Please note: This is a free service